

# FOR ALL THE SAINTS



APRIL | MAY 2017

A publication of ALL SAINTS' CHURCH: *An Anglo-Catholic Parish in the Episcopal Diocese of San Diego*



**ON THE COVER:** The Empty Tomb

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# RECTOR'S MESSAGE

## A Christian Walk

Beloved in Christ,



One way I like to describe Lent is walking alongside Jesus on the way of the Cross, and seeing how his heart burns for us. In Easter this naturally transitions to walking alongside Jesus on the road to Emmaus, where he causes our hearts to “burn within us” (see Luke 24:13-35). Jesus is always taking us somewhere, inviting us to come and follow, so naturally one of the big challenges of our “Christian walk” is making sure that it isn’t happening on a treadmill.

A pretty simple way of determining that is remembering Jesus’ summary of the law: loving God and our neighbor. This tells us that growing in holiness means growing in that love, and that no matter where Jesus calls us to follow, he’s always leading us to love. Reflecting on my own experience, there have been times where I felt stuck, but found myself being more patient, generous, and loving when the opportunity presented itself. There have also been times when I felt like I was on the fast track to sainthood, but acted like a jerk when something didn’t go my way.

# RECTOR'S MESSAGE

(continued)

Of course, sometimes we feel more loving because we are, but even then it's our actions that confirm that. The reason is that our bodies and souls were made to work together; we can't love with just one or the other. Part of what makes Lent such a fruitful time is that our bodies get a greater spiritual focus than usual, and so it's always good to reflect on whether that focus can continue in some form.

Another very basic way we can practice getting our bodies and souls on the same page is to end our time spent in prayer by making a resolution. It doesn't have to be theologically profound or heroically virtuous; it just needs to be some simple, concrete action we can take, preferably related to the content of our prayer. For example, if the gospel reading at Mass makes reference to the Pharisees looking down on the tax collectors and sinners coming to Jesus, I might resolve not to join in bad-mouthing someone or to think well of and pray for someone we don't naturally like. Or if in my prayer I'm reminded of how someone supported me in a difficult time or just on a bad day, I could resolve to look for an opportunity to go out of my way to help someone. While this might seem difficult at first, it will get easier with practice, and it also doesn't hurt to have a list of ideas on hand for the times we get stumped.

When this becomes a habit, a couple of things happen. The first is that our prayer will stay with us even after the time is over. It will continue on some level while we're looking for an opportunity to keep our resolution, but the action itself can sometimes make an impression we'll never forget, even if it seemed insignificant when we made it. The other is that we begin to naturally associate an encounter with Jesus with putting ourselves at his disposal and taking action. Then the more we put ourselves in a position to act in love, the more we give Jesus the chance to love through us. Once we've started down that road, we quickly find that that's the only way to truly love God and our neighbor, and that it always leads us somewhere.

In His mercy,

A handwritten signature in black ink, appearing to read 'John [unclear]', written in a cursive style.

# PARISH CALENDAR OF EVENTS

## April

1	<b>Societies of Mary</b>	11:00am
	<i>All are welcome to join the Societies of Mary for their monthly day of devotion, beginning in the Chapel with Rosary at 11:00am with Mass to follow. After which we will adjourn to the Parish Hall for a potluck luncheon.</i>	
2	<b>5th Sunday in Lent</b>	
	Mass	8:00am
	Bible Study on the Gospel of Matthew	9:30am
	Solemn Mass	10:30am
5	Mass	Noon
6	Evening Prayer	6:30pm
7	Morning Prayer	9:00am
	Mass	9:30am
	Stations of the Cross, Benediction of the Blessed Sacrament, Soup Supper	6:00pm
9	<b>Palm Sunday</b>	
	Mass	8:00am
	Solemn Mass	10:30am
11	Mass	Noon
	Finance Committee Meeting	6:00pm
13	<b>Maundy Thursday</b>	7:00pm
14	<b>Good Friday</b>	
	Stations of the Cross	Noon
	The Solemn Liturgy of Good Friday	7:00pm

# PARISH CALENDAR OF EVENTS

## April *(continued)*

15	<b>Holy Saturday</b> The Great Vigil of Easter Annual Chocolate Party (following the Mass)	7:00pm
16	<b>Sunday of the Resurrection: Easter Day</b> Mass of the Resurrection with Hymns Solemn Mass of the Resurrection Easter Egg Hunt (following the Solemn Mass)	8:00am 10:30am
18	Mass Vestry Meeting	Noon 7:00pm
21	Morning Prayer Mass	9:00am 9:30am
23	<b>The Second Sunday of Easter</b> Mass Solemn Mass	8:00am 10:30am
25	<b>St. Mark, the Evangelist</b> Mass	Noon
28	<b>Catherine of Siena, 1380 tr</b> Morning Prayer Mass	9:00am 9:30am
30	<b>The Third Sunday of Easter</b> Mass Bible Study on the Gospel of Matthew Solemn Mass	8:00am 9:30am 10:30am

# PARISH CALENDAR OF EVENTS

## May

- |    |                                                                                                                                                                                                                                                                |                                       |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 2  | <b>Athanasius, Bishop of Alexandria, 373</b><br>Mass                                                                                                                                                                                                           | Noon                                  |
| 5  | Morning Prayer<br>Mass                                                                                                                                                                                                                                         | 9:00am<br>9:30am                      |
| 6  | <b>Societies of Mary</b><br><i>All are welcome to join the Societies of Mary for their monthly day of devotion, beginning in the Chapel with Rosary at 11:00am with Mass to follow. After which we will adjourn to the Parish Hall for a potluck luncheon.</i> | 11:00am                               |
| 7  | <b>4th Sunday of Easter</b><br>Mass<br>Bible Study on the Gospel of Matthew<br>Solemn Mass                                                                                                                                                                     | 8:00am<br>9:30am<br>10:30am           |
| 9  | <b>Gregory of Nazianzus, Bishop of Constantinople, 389</b><br>Mass<br>Finance Committee Meeting                                                                                                                                                                | Noon<br>6:00pm                        |
| 12 | Morning Prayer<br>Mass                                                                                                                                                                                                                                         | 9:00am<br>9:30am                      |
| 14 | <b>5th Sunday of Easter (Mother's Day)</b><br>Mass<br>Bible Study on the Gospel of Matthew<br>Solemn Mass<br>Grossmont Orchestra and Chorale Concert<br>Program entitled "If It Ain't Baroque"                                                                 | 8:00am<br>9:30am<br>10:30am<br>2:00pm |
| 16 | Mass<br>Vestry Meeting                                                                                                                                                                                                                                         | Noon<br>7:00pm                        |

# PARISH CALENDAR OF EVENTS

## May (continued)

19	<b>Dunstan, Archbishop of Canterbury, 988</b> Morning Prayer Mass	9:00am 9:30am
21	<b>6th Sunday of Easter</b> Mass Bible Study on the Gospel of Matthew Solemn Mass All Saints' Art Show & Sale	8:00am 9:30am 10:30am 11:00am
23	Mass	Noon
26	<b>Ascension Day tr</b> Morning Prayer Mass	9:00am 9:30am
28	<b>7th Sunday of Easter</b> Mass Bible Study on the Gospel of Matthew Solemn Mass	8:00am 9:30am 10:30am
30	Mass	Noon

# TREASURER'S CORNER

By John Gray III



Operating income is over budget for the month of February and expenses were under budget.

	Actual	Budget	Difference
<i>Revenues</i>	\$27,460	\$25,398	\$2,062
<i>Expenses</i>	\$36,450	\$48,852	\$(12,402)

Key *REVENUE* deviations from plan were:

- Current month pledges were \$516 under budget
- Plate/Other Contributors is over budget by \$449
- Investment income was \$2,444 over budget due to distribution timing differences

Key *EXPENSE* deviations from budget were:

- Pastoral expense was \$6,914 under budget
- Business expenses were \$2,946 under budget
- Facilities expenses was \$724 under budget
- Music Program expense was \$935 over budget due to organ repair
- Property Management expense was \$135 under budget

Totals through February:

	Actual	Budget	Difference
<i>Pledges</i>	\$22,594	\$19,396	\$3,198
<i>Total Revenues</i>	\$59,015	\$50,798	\$8,217
<i>Expenses</i>	\$89,162	\$97,704	\$(8,542)

For the first two months of 2017, we are under budget by \$16,759

# PRESCHOOL CORNER

By John Gray III



Operating income is over budget for the month of February, and expenses were under budget.

	Actual	Budget	Difference
<i>Revenues</i>	\$46,912	\$43,713	\$3,199
<i>Expenses</i>	\$37,429	\$41,061	\$(3,632)

Key *REVENUE* deviations from budget were:

- Current month tuition was \$3,679 over budget

Key *EXPENSE* deviations from budget were:

- Operating expenses for February were \$3,632 under budget. Payroll was lower than budgeted because we are using two part-time employees.

Net Gain for February was \$9,483

*Preschool Update for April:*

We currently have 76 children enrolled for April – of those 21 are part-time and 11 are toddlers.

The second *Tour de Tots Event* is on Friday, April 21 at 2:00pm.

# CHRISTIAN FORMATION

## Sanctifying Time

One of the things I love about being a Catholic Christian is the way time is sanctified, and we take after our Father in this. “In the beginning” God invited us into a day of rest to remind us of the nature of our relationship with Him, and every Sunday we celebrate the way that invitation was transformed by inviting Jesus to rest in us when we receive Him in the Eucharist. Bringing the presence of Jesus into our lives is behind everything on the Church calendar. Through the various liturgical seasons the Church provides a rhythm for life with Jesus. In Advent we prepare for His birth at Christmas. In Lent we share in His time of trial in preparation to share in His death and Resurrection. The Easter season prepares us for life as the Church, His body on earth, where He will be present in a new way during our “ordinary” time. Ordinary Time also leads us to look forward to His coming again, which is part of our Advent focus.

We also hallow individual days in the context of these seasons. The various feasts and fasts call our attention to a specific event in the life of Jesus, like His Transfiguration. We venerate the Blessed Virgin Mary and the saints on their feast days, because as members of His Body, the Church, they give us pictures of Jesus living outside the gospels. Building on the Jewish hours of prayer, the Church even provides a structure of devotion throughout each day in Morning and Evening Prayer and Compline.

Not as well-known, however, are the meanings or intentions assigned to the days of the week and the months of the year, which give us the opportunity to deepen our devotion and understanding of a particular aspect of the faith. I’ll talk about the intentions for the months as they come along (April is the Eucharist and May is the Blessed Virgin Mary, see below), but these are the meanings I’ve seen most consistently assigned to the days of the week.

### **Sunday – The Resurrection and the Holy Trinity**

Sunday is the day for renewing Christ’s once-for-all sacrifice during the Holy Mass, and enjoying our new Sabbath rest.

# CHRISTIAN FORMATION

(continued)

## **Monday – The Holy Souls in Purgatory**

There is a lot of scriptural evidence for purgatory as a state of our souls, and on a purely rational level, our hearts long for it. Jesus tells us that it's the "pure in heart" that "see God," but most of us die still imperfect. Does that mean that we're out? Not at all, but it does mean that something has to change in our hearts before we can stand before God. Our free will often makes a change of heart difficult, and since we'll still have our free will after death, it's important to pray for those who have died. I'll say more about this in November, which is the month for Holy Souls.

## **Tuesday – The Holy Angels**

Angels were created to adore God, implement His will, and to reveal His will to men, and we see them doing these things at significant moments throughout scripture. Revealing God's will is probably what comes to mind most readily, and the word "angel" is based on this, as it comes from the Greek word "*aggelos*," which means "messenger."

We also each have guardian angels, which are more than sentimental, fairy godmother-type stories. They're heavenly mediators (Matt 18:10), guides (Heb 1:14), and protectors (Ps 90:11-12). Also, many saints, like Padre Pio (1887-1968), not only had great devotion to the angels, but were known to have sent and received messages through their guardian angels. St. Leo the Great encouraged us to "make friends with the holy angels," and we can do that by asking for their help along with our prayers.

## **Wednesday – St. Joseph**

We benefit from making friends with the saints as well, and this is especially true of St. Joseph. As the earthly father of Jesus, he had the unique role of protecting, providing for, and instructing him early in life. Because holy relationships are not ended, but perfected in heaven, this vocation continues with the "earthly Jesus," which is His body, the Church. St. Joseph models all kinds of heroic virtues, like loving without possessing, stewardship, fidelity and obedience, courage, etc., and so the Church recommends that we make a special effort to welcome him into our life of faith.

# CHRISTIAN FORMATION

(continued)

## **Thursday – The Holy Eucharist**

In Holy Week we're reminded that Our Lord instituted the Eucharist on a Thursday, and so it's fitting that we remember it on this day. Many people do this by spending time praying in front of Blessed Sacrament, but if that's not possible, we can also make a "spiritual communion," asking Jesus to dwell in us in a special way even though we can't receive Holy Communion, and ask for the grace to receive Him with greater devotion and awareness when we can.

## **Friday – The Passion**

On Good Friday, Jesus was scourged, mocked, and crucified, which is why Friday is always a day of repentance and self-sacrifice, with the most familiar practice being abstaining from meat. It's also a day to reflect on the passion narratives in the gospels or the Stations of the Cross, and to do some self-examination.

## **Saturday – The Blessed Mother**

There are a number of reasons why Saturdays are devoted to the Blessed Virgin Mary, but maybe the earliest and most significant is the tradition of her steadfast faith on Holy Saturday. Saturday is also traditionally a day for making a Confession, which follows naturally from the Friday practice of self-examination and sacrifice and prepares us for Communion with our Risen Lord on Sunday.

These do vary a bit from place to place, but the main purpose is the intentional deepening of our faith and devotion. That doesn't by happen by accident, which is why we should join the Psalmist in praying, "so teach us to number our days that we may apply our hearts to wisdom."



## HOLY WEEK *AND* EASTER

### PALM SUNDAY

8:00 AM Blessing of the Palms and Said Mass  
10:30 AM Liturgy of the Palms and Solemn Mass

### TUESDAY

Noon Said Mass

### THURSDAY

7:00 PM The Solemn Mass of Maundy Thursday

### FRIDAY

Noon Stations of the Cross  
7:00 PM The Solemn Liturgy of Good Friday

### SATURDAY

7:00 PM The Great Vigil of Easter

### EASTER SUNDAY

8:00 AM Mass of the Resurrection with Hymns  
10:30 AM Solemn Mass of the Resurrection

# PARISH LIFE

## ANNUAL CHOCOLATE PARTY

Bring your favorite chocolate treat to share with others at the Annual Chocolate Party after the Great Easter Vigil on Saturday, April 15.

## EASTER LILIES



We are offering an opportunity for parishioners to sponsor memorial Easter lilies, which will decorate the High Altar and Sanctuary for Easter. Each person memorialized will be noted in the Easter bulletin.

The cost of each sponsorship will be \$25. Flower forms are available on the front and back tables in the church or the parish office. The deadline for ordering is **Tuesday, April 11**.

## EASTER EGG HUNT



Join us for the All Saints' Easter Egg Hunt following the 10:30am. Easter Eucharist, Sunday, April 16. (approx. 11:45am) The hunt will be in the church courtyard for younger children. All are welcome!

## Tour de Tot



In honor of Earth Day, the children of All Saints' Preschool will ride two laps around the cul de sac of our school (7<sup>th</sup> Avenue). Light refreshments and water will be available on this day. The ride starts at 2:00pm. Everyone is invited to spectate! Don't forget your camera.



# MUSIC AND ART



On Sunday May 14 at 2:00pm the Grossmont Symphony Orchestra & Master Chorale, under the musical direction of **Randall Tweed**, presents an all-Baroque concert entitled *If It Ain't Baroque . . .* with musical works from three of the high Baroque's greatest composers: Vivaldi, Handel and J. S. Bach.

With selected musicians from the Grossmont Symphony Orchestra, the Grossmont Master Chorale opens the concert with Vivaldi's rousing *Psalm 147* "Lauda Jerusalem" for double chorus and double orchestra. Tenor Timothy Simpson then joins the orchestra with a performance of several arias from

Handel's *L'Allegro, Il Penderoso et il Moderato*. GSO's concertmaster Ondrej Lewit and GSO principal oboist Michael Gaby are then featured in J. S. Bach's *Double Concerto in D minor, BWV 1060R*.

To end the concert of great Baroque masterworks is one of J. S. Bach's quintessential cantatas, *Wachet Auf Ruft Uns die Stimme (Sleeper's Awake)* featuring soprano, Audra Nagby, baritone Michael Sokol, and tenor Timothy Simpson with the members of the orchestra and chorale. A wonderful selection of Baroque masterworks to enjoy in the beautiful acoustics of All Saints'.

*Admission: \$10 General, \$5 Student*

# MUSIC AND ART

(continued)

## PARTICIPATING MUSICIANS



Ondrey Lewit



Audra Nagby



Michael Gaby



Timothy Simpson



Michael Sokol

## ART SHOW & SALE —SAVE THE DATE

**Sunday, May 21** at All Saints' in the church's courtyard. from 11:00am to 2:00pm. Look for names and bios of contributing artists in upcoming publications.

# COMMEMORATION

Catherine of Sienna

1380



Catherine Benincasa, born in 1347, was the youngest (one of my sources says the 23rd) of twenty-five children of a wealthy dyer of Sienna (or Siena). At the age of six, she had a vision of Christ in glory, surrounded by His saints. From that time on, she spent most of her time in prayer and meditation, over the opposition of her parents, who wanted her to be more like the average girl of her social class. Eventually they gave in, and at the age of sixteen she joined the Third Order of St. Dominic (First Order = friars, Second Order = nuns, Third Order = laypersons), where she became a nurse, caring for patients with leprosy and advanced cancer whom other nurses disliked to treat.

She began to acquire a reputation as a person of insight and sound judgement, and many persons from all walks of life sought her spiritual advice, both in person and by letter. (We have a book containing about four hundred letters from her to bishops, kings, scholars, merchants, and obscure peasants.) She persuaded many priests who were living in luxury to give away their goods and to live simply.

In her day, the popes, officially Bishops of Rome, had been living for about seventy years, not at Rome but at Avignon in France, where they were under the political control of the King of France (the Avignon Papacy, sometimes called the Babylonian Captivity of the Papacy, began when Philip the Fair, King of France, captured Rome and the Pope in 1303). Catherine visited Avignon in 1376 and told Pope Gregory XI that he had no business to live away from Rome. He heeded her advice, and moved to Rome. She then

# COMMEMORATION

(continued)

acted as his ambassador to Florence, and was able to reconcile a quarrel between the Pope and the leaders of that city. She then retired to Sienna, where she wrote a book called the *Dialog*, an account of her visions and other spiritual experiences, with advice on cultivating a life of prayer.

After Gregory's death in 1378, the Cardinals, mostly French, elected an Italian Pope, Urban VI, who on attaining office turned out to be arrogant and abrasive and tyrannical, and perhaps to have other faults as well. The Cardinals met again elsewhere, declared that the first election had been under duress from the Roman mob and therefore invalid, and elected a new Pope, Clement VII, who established his residence at Avignon. Catherine worked tirelessly, both to persuade Urban to mend his ways (her letters to him are respectful but severe and uncompromising - as one historian has said, she perfected the art of kissing the Pope's feet while simultaneously twisting his arm), and to persuade others that the peace and unity of the Church required the recognition of Urban as lawful Pope. Despite her efforts, the Papal Schism continued until 1417. It greatly weakened the prestige of the Bishops of Rome, and thus helped to pave the way for the Protestant Reformation a century later.

Catherine is known (1) as a mystic, a contemplative who devoted herself to prayer, (2) as a humanitarian, a nurse who undertook to alleviate the suffering of the poor and the sick; (3) as an activist, a renewer of Church and society, who took a strong stand on the issues affecting society in her day, and who never hesitated (in the old Quaker phrase) "to speak truth to power"; (4) as an adviser and counselor, with a wide range of interests, who always made time for troubled and uncertain persons who told her their problems - large and trivial, religious and secular.

From James Kiefer's BIO's

# PARISH HISTORY

## All Saints' Seal



Encircling the seal are 12 apostles' symbols and in the center the shield contains 4 more symbols. In this issue we continue our exploration of the All Saints' seal by describing 3 symbols starting at the two o'clock position for St. Simon, St. Matthew and St. John.

# PARISH HISTORY

## All Saints' Seal



**St. Simon** - (A book upon which lies a fish) The companion of St. Jude on many of his missionary tours was St. Simon. His most familiar symbol is a book upon which lies a fish. This is given him because he was a great fisher of men, through the power of the Gospel. This disciple was also known as Simon the Zealot. Nothing of his missionary work can be authenticated, but he is variously said to have worked east of Palestine or to have accompanied Jude in his journeys. St. Simon's Day is October 28.



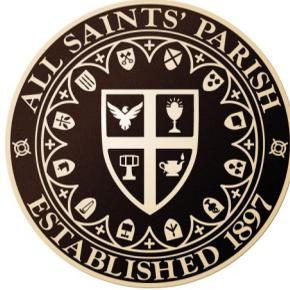
**St. Matthew** - (Three purses referring to his original calling) Matthew was a son of Alphaeus and a tax collector. He was also known as Levi. According to tradition, he went to Ethiopia after preaching to the Jews in Palestine. St. Matthew's Day is September 21.



**St. John** - (A chalice and a serpent) The most usual shield has upon it a chalice out of which issues a serpent. Early writers state that an attempt was made to slay this apostle by giving him a poisoned chalice, from which the Lord spared him.

John was the bishop of the church at Ephesus. He was exiled to Patmos and then returned. Tradition claims that John was the only disciple to die a natural death, at a great age. St. John's Day is December 27.

From F. R. Webber's *Church Symbolism*



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**Assisting Priest:** The Rev. Steven L. Schuneman

### PARISH STAFF

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### ALL SAINTS' PRESCHOOL

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